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**SEP 11<sup>TH</sup>, 8-10PM**  
**CPD EVENING PRESENTATION**

**Venue: Telscombe Civic Centre, 360 South Coast Rd (A259)**  
**Telscombe Cliffs, BN10 7ES (limited carparking at rear)**

**Run by the Martlets Guild, Home of Sussex Coaching**

**“INNER ARCHER – INNER COACH”**  
**or how our minds handle the physical repetition of shooting & how we use the information to help improve our self-coaching**

**Speaker: JEAN-PAUL WRIGHT, Psychologist who has worked with Chelsea FC, British Cycling, British Gymnastics, et al.**



**SIGN UP TODAY BEFORE IT'S TOO LATE.**

**ONLY 70 SPACES AVAILABLE**

**JUST £5 (incl refreshments)**

Send chq to: 30 Fairlight Ave, Telscombe Cliffs BN10 7BN payable to **Martlets Guild of Archery Coaching** or pay on door

**UNMISSABLE OPPORTUNITY FOR ALL SUSSEX ARCHERS & COACHES**



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something for U**

**Part of our 2018/19  
CPD Programme  
provided by  
Martlets Coaches  
for Sussex  
Coaches & Archers**

**ONLY £5 includes  
refreshments &  
CPD certificate**

**JOIN US NOW  
BEFORE IT FILLS UP**

**MARTLETS GUILD OF  
ARCHERY COACHING**

For further details:  
Contact David Farley  
Sussex CDO/ADO

[david.farley@hotmail.co.uk](mailto:david.farley@hotmail.co.uk)

[www.MartletsGuildSussex.org.uk](http://www.MartletsGuildSussex.org.uk)